



Course Application Form
2018



Course	beginners	1 star £40			*You must be a club member to undertake an improvers course
	improvers*	Club standard - kayak		Club standard – Canoe (Please contact)	
Course Start Date					

Name			
Date of Birth		Age	
Address			
	postcode:		
Contact Details	mobile:	tel:	
	Email:		

Emergency Contact Details	
Name:	mobile:
Relationship:	tel:

Hayle Canoe Club takes your privacy seriously. We will only use your data to administer your training.

Whilst training with Hayle Canoe Club, you agree to the use of your personal data for administering your training and for us contacting you with club notices relevant to your training. We will only retain your data for training needs

If you have any questions about the continuing privacy of your personal data when it is shared with Hayle Canoe Club, please contact: secretary@haylecanoeclub.co.uk

How would you like us to contact you? Email Phone

Clothing:

You will get wet so wear clothes that you don't mind getting wet!

- suitable footwear, e.g. wetsuit boots or old trainers. **NO** flip flops, crocs or bare feet
- a wet suit is ideal but the following are sufficient:
 - lightweight tops suitable for the weather conditions.
 - lightweight trousers or shorts.
 - lightweight windproof jacket.

The club will provide:

- kayak/canoe & paddle, plus spraydeck as necessary
- buoyancy aid (pfd)
- helmet

For under 18's only - I confirm that I am the parent/legal guardian of the under 18 named on the form. They have my consent to take part in club activities, and that I accept responsibility for their actions while doing so. I understand that for their personal safety they are required to follow directions of the instructors at all times. I confirm they can swim 25 metres.

Signature (parent/guardian for U18): Date:

Please complete a health & fitness questionnaire



Course Health & Fitness Questionnaire

2018



Name _____

Course &
Start date _____

Please answer the questions below to help us make safe paddling for all and be better prepared to give assistance if needed.

A 'YES' answer won't necessarily place a restriction on your activities within the club.

	YES	NO	If you have answered 'YES' please give details
Do you suffer from any health problems that are aggravated by exercise or exposure to the cold?			
Do you suffer from any of the following:			
Asthma			
Diabetes			If YES is it controlled by medication?
Epilepsy			If YES is it controlled by medication?
Any heart condition			
Do you suffer from any persistent injury including problems with your joints or back?			
Do you suffer from hearing or sight impairment? (excluding normal use of spectacles)			
Do you suffer from any allergies which would invoke an acute reaction			
Any other health or issues that coaches should be aware of for safety reasons			

IMPORTANT

Please inform the coach or lead paddler of your group if you have any medical condition or are carrying medication i.e. inhalers, insulin etc. that could affect your safety or that of the group. This is so that coaches aware of potential problems and can provide suitable assistance if required.

All health information is confidential and will only be used, as appropriate, by coaches during club activities.

Please return completed forms and payment (for training only) to:

Training co-ordinator, Wheal Breage, Greatwork Hill, Ashton, Helston TR13 9TH

training@haylecanoeclub.co.uk